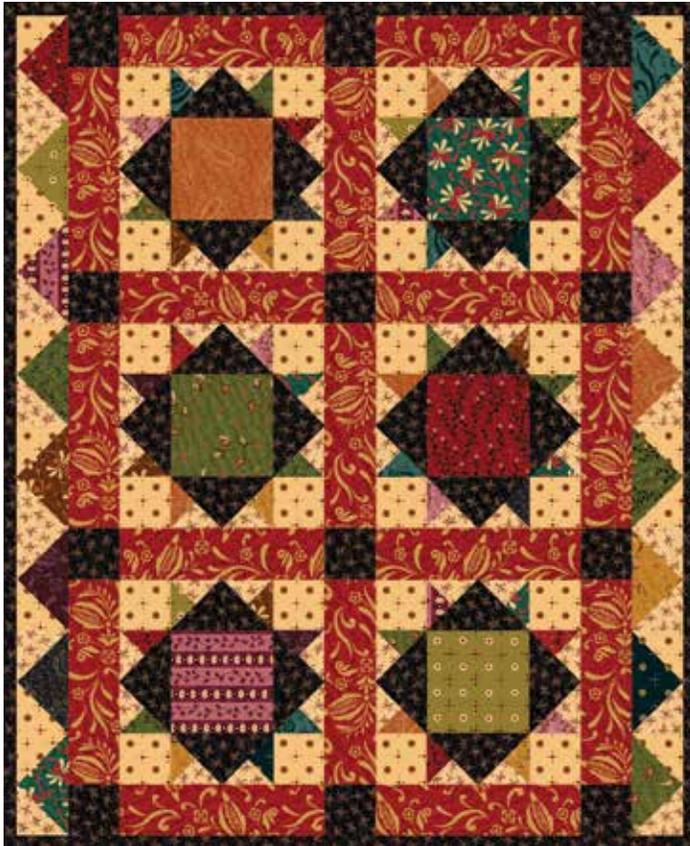


# SUNDAY SUPPER

Designed by Kim Diehl

Finished quilt size: 13½" x 16½" • Finished block size: 4" x 4"



## CUTTING

Please cut all pieces across the width of the fabric in the order given unless otherwise noted.

**From the neutral print #1 fat eighth, cut:**

40 squares, 1½" x 1½"

**From the neutral print #2 fat quarter, cut:**

24 squares, 1⅞" x 1⅞"; cut each square in half diagonally  
*once* to yield 48 triangles

16 squares, 1½" x 1½"

**From each of six of the assorted print 5" squares, cut:**

1 square, 2½" x 2½" (combined total of 6)

*Reserve the scraps.*

**From the reserved scraps of the six 5" squares and the remaining assorted print 5" squares, cut a combined total of:**

24 squares, 1⅞" x 1⅞"; cut each square in half diagonally  
*once* to yield 48 triangles

16 rectangles, 1½" x 2½"

**From the black print fat quarter, cut:**

24 rectangles, 1½" x 2½"

12 squares, 1½" x 1½"

4 binding strips, 2½" x 22"

**From the red print fat quarter, cut:**

17 rectangles, 1½" x 4½"

## PIECING THE BLOCKS

Sew all pieces with right sides together using a ¼" seam allowance unless otherwise noted.

- 1 Layer together a neutral print #2 triangle and an assorted print triangle. Stitch the pair together along the long diagonal edges. Press the seam allowances toward the assorted print. Trim away the dog-ear points. Repeat for a total of 48 half-square-triangle units.



Make 48.

## PROJECT NOTES

The pictured quilt was made using prints from Kim's Vintage Farmhouse collection for Henry Glass Fabrics. For complete "How to Quilt" instructions, please visit [shopmartingale.com/howtoquilt](http://shopmartingale.com/howtoquilt).

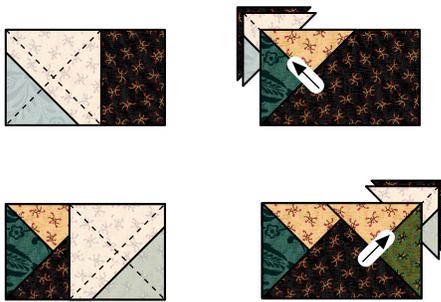
## MATERIALS

- 1 fat eighth (9" x 22") of neutral print #1 (6232-40) for blocks and border
- 1 fat quarter (18" x 22") of neutral print #2 (6234-40) for blocks and border
- 5" square *each* of 16 assorted prints for blocks and border (6225-11, 55; 6226-11, 33; 6227-44, 66; 6228-22, 66, 88; 6231-30, 77, 88; 6232-33, 77; 6233-55, 6234-66)
- 1 fat quarter of black print for blocks, sashing squares, and binding (6234-99)
- 1 fat quarter of red print for sashing strips (6225-88)
- 1 fat quarter of fabric of your choice for backing
- 18" x 20" piece of batting
- Standard quilting supplies

- 2 Use an acrylic ruler and a pencil to draw a diagonal line from corner to corner on the wrong side of each half-square-triangle unit from step 1, drawing the lines so they cross over the seam.



- 3 Referring to the illustration, layer a prepared half-square-triangle unit onto one end of a black print  $1\frac{1}{2}$ " x  $2\frac{1}{2}$ " rectangle. Stitch the pair together on the drawn line. Fold the resulting pieced inner triangle open, aligning the corner with the corner of the black rectangle; press away from the black. Trim away the excess layers beneath the top triangle, leaving a  $\frac{1}{4}$ " seam allowance. In the same manner, layer, stitch, press, and trim a second half-square-triangle unit from a different assorted print onto the remaining end of the black rectangle, positioning it in a mirror image. Repeat for a total of 24 pieced point units measuring  $1\frac{1}{2}$ " x  $2\frac{1}{2}$ ", including the seam allowances.



Make 24.

- 4 Join a pieced point unit to the right and left sides of an assorted print  $2\frac{1}{2}$ " square. Press the seam allowances toward the assorted print square. Repeat for a total of six pieced block segments.



Make 6.

- 5 Join a  $1\frac{1}{2}$ " neutral print #1 square to each end of the remaining pieced point units from step 3. Press the seam allowances toward the neutral squares. Reserve the remaining neutral print #1 squares for later use.

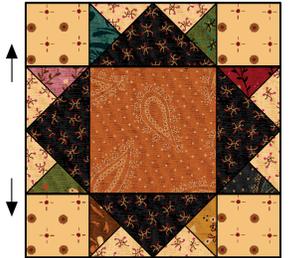


Make 12.

## EXTRA SNIPPET

To easily cover thread pulls that can sometimes occur as your sewing machine needle passes through your medium and dark patchwork, try dotting the pulled thread with a small-tipped Micron Pigma marker in the brown color, placing the dots at close intervals to break up the line of thread. The brown color works for a variety of prints, and this little trick will help your pulled threads blend back into your prints so they become invisible.

- 6 Join a pieced unit from step 5 to each remaining side of the pieced block segments. Press the seam allowances away from the block center. The pieced blocks should now measure  $4\frac{1}{2}$ " square, including the seam allowances.



Make 6.

## PIECING THE QUILT CENTER

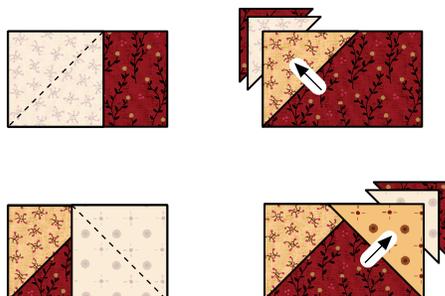
Refer to the pictured quilt as a guide for the following steps.

- 1 Lay out two pieced blocks and three red  $1\frac{1}{2}$ " x  $4\frac{1}{2}$ " rectangles in alternating positions. Join the pieces. Press the seam allowances toward the red rectangles. Repeat for a total of three pieced block rows.
- 2 Lay out three black print  $1\frac{1}{2}$ " squares and two red print  $1\frac{1}{2}$ " x  $4\frac{1}{2}$ " rectangles in alternating positions. Join the pieces. Press the seam allowances toward the red print. Repeat for a total of four pieced sashing rows.
- 3 Lay out the pieced sashing rows and the pieced block rows in alternating positions. Join the rows. Press the seam allowances toward the sashing rows. The pieced quilt center should now measure  $11\frac{1}{2}$ " x  $16\frac{1}{2}$ ", including the seam allowances.

## PIECING AND ADDING THE BORDER

- 1 Using an acrylic ruler and a pencil, draw a diagonal line from corner to corner on the wrong side of each  $1\frac{1}{2}$ " neutral print #1 and #2 square.
- 2 Layer a prepared neutral print square onto one end of an assorted print  $1\frac{1}{2}$ " x  $2\frac{1}{2}$ " rectangle. Stitch the pair together on the drawn line. Fold the resulting inner triangle open, aligning the corner with the corner of the assorted print rectangle; press. Trim away the

excess layers beneath the top triangle, leaving a ¼" seam allowance. In the same manner, layer, stitch, press, and trim a second neutral print 1½" square to the remaining end of the rectangle to form a mirror-image point. Repeat for a total of 16 pieced flying-geese units measuring 1½" x 2½", including the seam allowances. Please note that in the pictured quilt, the neutral print #1 and #2 squares were used randomly.



Make 16.

## COMPLETING THE QUILT

Layer the quilt top, batting, and backing. Quilt the layers. Join the four black print 2½"-wide strips into one length and use it to bind the quilt.



*Kim stitched her Sunday Supper quilt using the Vintage Farmhouse collection and added fabrics from her other lines to supplement her choices as her stash changed. Kim's collections are designed to be interchangeable and have a scrap-basket feel, so taking this approach means you'll always have plenty of options!*

- 3 Lay out eight flying-geese units end to end. Join the units. Press the seam allowances open. Repeat for a total of two pieced flying-geese border strips.
- 4 Using the pictured quilt as a guide, join the assorted print side of a pieced flying-geese border strip to each long side of the quilt top. Press the seam allowances toward the red sashing. The pieced quilt top should now measure 13½" x 16½", including the seam allowances.

## PEANUT BUTTER CUP BARS

1 cup butter, melted  
 2½ cups quick cooking oats (not instant!)  
 1½ cups all-purpose flour, plus 1 tablespoon, divided  
 1 cup packed brown sugar  
 1 teaspoon baking soda  
 1 teaspoon salt, plus ¼ teaspoon, divided  
 1 cup peanut butter (Kim used creamy)  
 1 14-ounce can sweetened condensed milk  
 1 cup Reese's Peanut Butter Cup Minis, cut into halves (or substitute original Peanut Butter Cups, roughly chopped)  
 ½ cup semisweet-chocolate chips

Preheat oven to 350°F. Line a 9" x 9" baking pan with foil, adding an extra couple of inches on two opposite sides to form "handles." Lightly spray foil with non-stick cooking spray.

In a mixing bowl, stir together melted butter, oats, 1½ cups flour, brown sugar, baking soda, and 1 teaspoon salt until crumbly. Reserve 1 cup of crumble mixture. Press remaining mixture into the bottom of the prepared pan. Bake for 10 minutes.

While the crust is baking, in a microwave-safe mixing bowl, stir together peanut butter, sweetened condensed milk, 1 tablespoon flour, and ¼ teaspoon salt. Once the crust has baked, microwave the peanut butter mixture for 30 seconds to soften; gently spread over the warm crust. Return to the oven and bake an additional 15 minutes. Sprinkle the reserved crumble mixture over the top of the peanut butter mixture, followed by the Reese's Peanut Butter Cups and the semisweet-chocolate chips. Bake for an additional 20 minutes or until the topping is a light golden brown; cool to room temperature, then refrigerate until firm. Use the foil handles to lift the dessert from the pan and cut into bars.

*This is one of my favorite guilty pleasures when I'm in the mood for something a little peanut-buttery. They're quick and easy to make, and highly habit forming! ~ Kim*



 Henry Glass & Co., Inc.

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